

PRIVATE SWIM LESSON INFORMATION



Welcome and thank you for taking advantage of the Dundee Township Park District's Private Swim Lesson Program.

GOALS:

- To learn/improve swimming skills.
- To receive one-on-one attention in the pool.
- To adhere to any special needs that cannot be met in a group setting.

GENERAL PROCEDURES:

- Private Swimming Lessons can take place during lap or open swim times only.
- Once the paperwork is complete, one of our instructors will contact you to set up a date and time for the lesson. Please keep in mind; lessons are set up based upon staff availability.
- Please bring payment to your first scheduled lesson. Please go to the desk at the Indoor Pool. Let them know that you are paying for a private lesson with the instructor's name. **ASK FOR A RECEIPT!** Give your receipt to your instructor. (This is how the instructor is paid.) **NEVER** directly pay the instructor.
- It's usually a good idea to exchange phone numbers with your instructor if for some reason you or the instructor needs to reschedule. Instructors may not always receive messages if you try to call the pool.
- We require a 24-hour notice on participant cancellations or the lesson may be charged.

GENERAL INFORMATION:

- All private lessons are based on one child/adult per half hour.
- Pricing: **1 lesson \$30/\$36** **4 lessons \$100/\$121**
- Family Group Pricing: **1 lesson \$50/\$56** **4 lessons \$125/\$146**
- You may schedule as many lessons as you and the instructor feel necessary.
- All private lessons are held during various lap swim and/or open swim hours.
- If there are any questions or concerns about the program or the instructor, please feel free to call Mike Eschenbach, Athletics and Aquatics Manager at (847) 428-7131 x6200.

Participant's Name _____ Date _____

Phone Number _____ Age _____ Sex _____ Swim Level _____

Special Requests (Day and time, instructor, special needs, etc.):

Office Use Only

Instructor's Name _____ Date and time of contact _____

Lesson day and time _____ Approved by _____ Date _____

Number of lessons purchased _____



Dundee Township Park District Waiver & Release

IMPORTANT INFORMATION The Dundee Township Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Dundee Township Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for this program/activity must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or has recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

Registrants and participants of programs and special events permit the Park District to take photos and videos of themselves and their children for publication in the seasonal program brochure, website, and additional uses as the Park District deems necessary unless the registrant or participant expressly files with the Park District a written objection as to photos or videos of themselves and/or their children.

WARNING OF RISK Recreational activities are intended to challenge and engage the physical, mental and emotional resources of each participant. However, despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Certain risks and dangers include, but are not limited to, bone/joint injury, wrist/ankle fractures, head/brain injury, back/neck injury (including paralysis), concussions and other orthopedic injuries to limbs and joints. The very nature of active programming includes risk including but not limited to improper warm-up, poor physical conditioning, fatigue and overexertion, incorrect or lack of technique, or mismatched strength and/or skill level. Risks and dangers with participants include but are not limited to horseplay, unnecessary roughness, and unsportsmanlike conduct, collisions between people or stationary objects, or recklessness on equipment. Some acts of kicking, heading and fielding the ball, blocking or being blocked, the acts of pitching, throwing, kicking, and catching a ball, the swinging of any object, being struck by errant objects, running, jumping, stretching, sliding, and diving, incorrect lifting procedures. Risks and dangers with equipment include but are not limited to, lack or failing to wear personal protective equipment, defective, inadequate equipment, equipment failure, unsafe equipment such as nets with bolts protruding from supports or exposed footings, becoming entangled in nets, or incorrect footwear in poor weather conditions. Risks and dangers with indoor facilities include but are not limited to, slipping, tripping, or falling, colliding with walls, or equipment, running into stationary objects and court fixtures such as support posts, guide wires or falling through open doorways within the facility. Risks and dangers with outdoor facilities include but are not limited to inclement weather, defects in course design; tripping over sprinkler heads, and ruts/holes/depressions in the grass, dangerous or defective playing conditions such as rocks or holes on or off the playing field, surface defects and irregularities slipping or tripping on irregular or wet surfaces, including on ice. Risks and dangers with supervision include but are not limited to, instruction/demonstration inadequate supervision, or poor officiating. Risks and dangers with swimming include but are not limited to insufficient swimming skills which may lead to drowning, diving or jumping into shallow water and striking the bottom or side of the pool, striking one's head on the bottom when

using a diving block, becoming disoriented from breath holding, striking or being struck by other swimmers, and chemical exposure. Risks and dangers with wrestling include but are not limited to spiking the opponent, striking the mat, being tossed off the mat or throwing and slamming an opponent onto head, neck or shoulders, poor dietary habits or mismatched weight. Risks and dangers with golf include but are not limited to being struck by a golf ball or club, slip and falls associated with the choice of spikes; accidents with golf carts; inconsiderate play. You should always stand away from and behind a player making a shot and be aware of the flight patterns of balls being hit by other players when you are around the greens and alongside the fairways. When playing a shot from a wrong fairway, ensure that the players playing that fairway are aware of your presence. During a thunderstorm, do not ride in golf carts or stay outdoors; seek shelter in buildings, vehicles, or other locations that offer safety. Drive carefully and slowly in golf carts, they are not toys. Risks and dangers with ice sports include but are not limited to cuts from skate blades, being tripped, body-checked, cross-checked with the stick, hit with a slash, a high stick, or a thrown stick, going head first into the boards, getting pushed or checked from behind, colliding with goal posts, stuck by a puck, or other player's protective equipment, elbowed in the head or face. Risks and dangers with a climbing wall including loose and/or damaged artificial holds, being fallen on by other users, and belay and/or belayer failure. In this regard, it must be recognized that it is impossible for the Dundee Township Park District to guarantee absolute safety. This is not an all-encompassing list, nor can it be construed as acknowledgment of wrong doing on the part of Dundee Township Park District.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the Dundee Township Park District, including its officials, agents, volunteers and employees.

PHOTO/VIDEO POLICY The District occasionally takes photographs or video of participants for promoting/advertising our programs, services, events, activities, and facilities in our brochures, website or agency social media, and other promotional avenues. By registering for, participating in or attending District programs, events, or other activities, the participant (or parent/guardian of a minor participant) irrevocably agrees to the use and distribution by the Park District of his or her image (or of his minor child/ward) in photographs, video recordings, and any other electronic reproductions of such programs, events and activities for any purpose without inspection or approval and without compensation, rights to royalties or any other consideration now and in the future.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering on-line or via fax, my on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.

Please Print Participant's Name _____

Participant's Signature _____

(18 years or older or Parent/Guardian)

Date

PARTICIPATION WILL BE DENIED if the signature of adult participant or parent/guardian and date are not on this waiver.