



www.dundeedolphins.org

Swim Team

2022 SPRING/SUMMER SEASON

665 Barrington Avenue • Carpentersville, IL 60110-2904 • (847) 428-7131



www.dtpd.org

Welcome

We are a year 'round team, home to both recreational and competitive swimmers ages 6-18. Our philosophy is to teach and refine the four competitive strokes in a positive environment, moving the swimmers forward in their progress helping them advance towards their goals under the umbrella of USA Swimming.

Head Coach: Amie Adams
dolphinsheadcoach@dtpd.org
www.dundeedolphins.org

Mission

To be committed to provide a positive environment, to challenge and develop our members to become exceptional young citizens, athletes, and swimmers; To create and maintain a safe, enjoyable and productive swimming environment; To allow and assist every member to reach his or her desired level of swimming within their commitment; To recognize each member and value his or her role in the success of our team; To encourage family participation; To encourage positive mental attitude and mutual respect.

Divisions *Swimmers are Grouped by Age Levels*

- 10 & U (SILVER)
- 11-12 (GOLD)
- 13+ (SENIOR)

Swimmers should register for the age group they will be at the end of the season – July 15. This is to ensure the swimmer is training for the events they will be competing in and potentially qualifying for at Regional and Championship Meets. We do make some exceptions based on experience, etc., to give the swimmer the best experience possible. To ensure our swimmers feel correctly placed at practice, we have instituted "nicknames" for each age group – BRONZE, SILVER, GOLD, SENIOR. We will be calling each age group by these names. *BRONZE 8 & U division will be coming back in fall 2022.

Please Note: All exceptions in regards to placement need to receive the head coaches' approval.

Potential New Swimmers

New swimmers must be evaluated by our Head Coach prior to registration. Evaluations will be held on Monday, **March 28 and Sunday, April 3 from 11:00 am - 1:00 pm at the Indoor Pool – Rakow Center.**

Swimmers will be guided into the program by our qualified coaching staff. The Dundee Township Park District's all encompassing Swim program starts with our Learn-To-Swim program, moves to the Junior Dolphins Pre-Swim Team, and finally to the four age groups of the Dundee Dolphins.

Registration

Registration is available online, by phone or in person. Please visit the Rakow Center Registration Desk to complete the Registration Information Sheet and Parent/Swimmer Understanding forms prior to the first day of practice.

- Spring/Summer Season Information – GREEN Packet. Please retain these papers for your records.
- Registration information - BLUE sheet. This must be completely filled out and turned in at registration.
- Parent and Swimmer Understanding – PINK sheet. This form must be read, understood and signed by the parent and swimmer (on their appropriate sides). This must be turned in at registration.

SWIMMERS WILL NOT BE ABLE TO PARTICIPATE IN PRACTICE UNTIL REGISTRATION IS COMPLETE AND ALL PARENT/SWIMMER CODE OF CONDUCT FORMS ARE SIGNED

Spring/Summer Season Fees:

DIVISIONS	RESIDENT	NON-RESIDENT*
10 & Under (SILVER)	\$360	\$435
11/12 (GOLD)	\$460	\$560
13+ (SENIOR)	\$510	\$620

**Non-Resident fees are at a reduced rate of 25% higher than Resident rates (DTPD's standing policy is 50%).*

Split Seasons: For swimmers competing in SPRING or SUMMER ONLY, the fee is 50%. Swimmers that achieve championship qualifying times in the spring (only) session, may participate in summer championship meets for a fee, with practice stipulations. Contact Coach Amie for more information if applicable.

Payment Plan Available

Three payments can be made utilizing Visa, MasterCard, Discover or American Express. A one-time processing fee of \$10 per swimmer will be added to the first payment. The initial payment at registration will be roughly 1/3 of the fee plus the \$10 processing fee. The 2nd payment will be processed May 25. The final payment will be processed June 25.

ISI Registration

Individual ISI/USA swimmer registration is required for all swimmers on the Dundee Dolphins. This is separate from your swimmer registration/escrow fees and required in order to swim at meets (exception: I-Squad Meets). Swimmers should be registered as DUND (Illinois Swimming Club Code).

NEW SWIMMER ISI Registration is due FRIDAY, APRIL 25 - \$83 fee paid to DTPD. Please call or visit the Rakow Center Registration Desk to pay.

Swimmers joining later in the season are asked to please visit <http://www.ilswwim.org/index.html> to print out forms and self-register.

If a swimmer is transferring from a different team, they will be required to update their ISI Registration within 7 days of attending practice. If the ISI Registration has not been changed in 7 days, then the swimmer will not be allowed to practice until their ISI Registration has been updated to DUND.

If at any point during the season, a swimmer's registration changes to a different team, they will not be allowed to continue practicing with the Dundee Dolphins. The refund policy will stand in effect as well.

Escrow Account

Upon registration, we require a minimum \$75 escrow account be set up for your family. This account is where we will pull funds to pay for your swimmer's meet entry fees, etc.

- When you sign up your swimmer(s) to compete at a meet, you agree to pay for their entry fees even if your swimmer ends up not swimming. Once the team

is accepted to attend the invitational, all monies that have been paid to the host team are not refundable.

- A rolling balance will need to be maintained throughout the season. If the account reaches \$0, the swimmers under your account will be listed as "suspended." This means you will be unable to register/compete in future meets until the appropriate funds have been added to your account. At that time, the swimmers account will be switched back to "Active." *Please note: The swimmer still will be able to participate in practices while listed as "suspended" for financial reasons.*
- At the end of the season, you will have the option to roll over any remaining balance to the next season, or a refund can be issued. Your balance will be available for you to view/check for accuracy on our team website.

Contact Mike Eschenbach at Meschenbach@dtpd.org for questions related to Escrow/Registration.

Swim Meets

Our team will participate in swim meets, located both home and away. Typically, we try for about two meets/months, this includes I-Squad, Dual, Tri, Invitational, Conference and any qualifying level Championship meets. See meet schedule on the website www.dundeedolphins.org.

- Our swim program includes Regionals, Senior Championship & Age Group Champs.
- Zone Meets, Sectionals, etc. will be additional cost for qualifying swimmers.
- Participation in swim meets is up to the discretion of the family. Swimmers must sign up on the Dundee Dolphins website by the meet deadline.
- All transportation, lodging, etc. is each swimmer's family responsibility.
- Swimmers are expected to be at the meet on time for warmups and before positive check-in closes. Swimmers who arrive after positive check-in closes without notifying the head coach as advised will not be able to swim the meet per USA Swimming rules.
- Swimmers should see the coaching staff immediately after their race for feedback. Parents should encourage their children to do this as well.
- Relays: The coaching staff will determine the line up based on a swimmer's time, performance in practice and sportsmanship.
- Relay fees are split between all 4 swimmers participating. If a relay team is scratched due to a participant not

showing up or scratching, that swimmer shall incur ALL fees for the relay. The other swimmers will be reimbursed for the scratched relay. Every attempt will be made by our coaches to fill that relay spot.

- If you do not want to have your swimmer participate in relay events, you must inform the Head Coach prior to the close of registration of that particular meet.
- Parent Participation @ AWAY MEETS: Some meets require parent volunteers from visiting teams to serve as timers or officials (if certified). As soon as the Head Coach is informed that timers are needed, a job board on the event page will be created to allow parents to volunteer if time permits. Once the determined deadline has passed, the Head Coach will assign parents to time and inform them via email. It is the responsibility of the parent to find another volunteer if unavailable.
- Parent Participation @ HOME MEETS: Parents participation is required at Home meets to ensure the success of the meet for our swimmers.

Unattached Swimming

You are welcome to swim "unattached" at a meet the Dundee Dolphins are NOT competing at, meaning the swimmer will sign up, compete and represent him or herself at the meet.

- All registration procedures/fees are the responsibility of the parent. The Illinois Swimming meet schedule can be found on www.ilswim.org. The meet packet on the host team website explains all entry procedures/fees.
- A Dundee Dolphins coach is not expected to attend a meet in which your child is swimming unattached.
- Swimmers swimming unattached are not allowed to wear anything that may be considered Dundee Dolphin Apparel since they are representing themselves and not the team at these meets.
- Swimming unattached at a meet the Dundee Dolphins are competing in is strictly prohibited. Any swimmer doing so will incur the following penalties: The swimmer will not be allowed to practice with the Dundee Dolphins effective immediately for the rest of the current season and no refund will be issued.

Home Meets

SPRING I-Squad Meet – Friday May 6

This is a mock meet for ALL swimmers - a great opportunity to learn how a swim meet works for our new swimmers and get in some friendly competition.

Warmups will start at 5:30 pm; Meet start at 6:00 pm. This is a positive check in meet. Positive check in will close at 5:35 pm.

Swimmers will choose their events with a Coach (*up to 3 events*). All swimmers are expected to stay the duration of the I-Squad.

10th ANNUAL DUNDEE DOLPHINS PENTATHLON – SATURDAY JUNE 4

ALL SWIMMERS REGISTERED FOR THE SPRING/SUMMER SEASON OR SPRING ONLY ARE REQUIRED TO PARTICIPATE.

Meet Information and Schedule TBA.

This is a multi-team event and in order to ensure it is a success, each family will be expected to volunteer regardless if your child is swimming in the meet.

- If you are not able to attend the meet, you may have someone work for you in your place. This person must be approved by the Meet Director at least two weeks prior to the meet.
- In the event you choose not to volunteer your time, you will be charged \$100 per session so that a paid Park District employee can cover your spot. This fee will also be assessed if you do not show for your agreed upon obligation.

Please help make this event a success for our swimmers! Further details will follow as we approach the date.

Practice Information

The practice schedule is tentative and subject to change dependent on the number of swimmers we have in each level and lane space availability. Any changes made will be minimal and done so with the best interest of the entire team in mind.

EXPECTATIONS: All swimmers are expected to be ON TIME, prepared and focused! Swimmers will receive a warning at practice if they are not focused and following directions, not working to their potential, distracting other swimmers, etc. If a swimmer is talked to THREE times in practice, they will be asked to call their guardian to be picked up.

DRYLAND EXERCISE (DL): During the summer, swimmers will practice in the pool from 6:30-8AM then change for "dryland" exercises from 8:15-9:00 am. This is optional and for serious athletes only - all swimmers need to come prepared and focused or will not be allowed to participate.

Practice Schedule

SPRING @ Indoor Pool Rakow Center (April 13 -June 4) <i>Practice Times Tentative. Senior Group: Weekend practices will be announced as allows.</i>					
SPRING SCHEDULE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9/10 (SILVER)	5:30-6:30 pm	5:30-6:30 pm	5:30-6:30 pm	5:30-6:60 pm	
11/12 (GOLD)	6:30-8:00 pm	6:30-8:00 pm	6:30-8:00 pm	6:30-8:00 pm	5:30-7:00 pm
13+ (SENIOR)	6:30-8:30 pm	6:00-8:00 pm	6:30-8:30 pm	6:30-8:00 pm	5:30-7:00 pm
SUMMER @ Sleepy Hollow Outdoor Pool/Rakow Center Indoor Pool (June 6 - July 11) <i>Practice Times Tentative. Spring/Summer Championship Qualifiers will continue on to their respective meets – Practice Times TBA</i>					
SUMMER SCHEDULE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9/10 (SILVER)	8:00-9:00 am	8:00-9:00 am	8:00-9:00 am	8:00-9:00 am	8:00-9:00 am
11/12 (GOLD)	6:30-9:00 am - DL	6:30-8:00 am	6:30-9:00 am - DL	6:30-8:00 am	6:30-9:00 am - DL
	4:00-5:00 pm	4:00-5:00 pm			
13+ (SENIOR)	6:30-9:00 am - DL	6:30-8:00 am	6:30-9:00 am - DL	6:30-8:00 am	6:30-9:00 am - DL
	4:00-5:15 pm	4:00-5:15 pm		4:00-5:15 pm	

DL=Dryland Exercise

CANCELED PRACTICES: Canceled or altered practices are communicated to the team ASAP. Weather related cancellations will typically be communicated via email/team communication. A notice will be posted on the door to the Indoor Pool as well, if possible. Canceled practices and altered practices are accounted for in the fees. No refunds will be given for canceled/altered practices.

Dolphin Families

The New Parent Orientation Meeting is on Monday, April 11 from 5:30-6:30 pm on Zoom to go over this packet, all related swim team items and the team website (Swimmers are welcome to join and ask questions). Zoom link will be posted on the website.

Parents are expected to lead by example and follow an Ethical Code of Conduct. All members of the Dundee Dolphins should be respectful and encouraging of other teammates and coaches. The Swimmer/Parent Understanding document will need your signature prior to joining the Dundee Dolphins swim team, and shows your families agreement with the aforementioned requirements/costs listed here, and your agreement to abide by it.

Become an Official

Visit www.ilswim.org and click on the Official Tab for more information. DTPD will cover registration costs to become an official. Contact Coach Amie to start the process.

Safe Sport

Safe Sport Mission Statement: USA Swimming is committed to safeguarding the well-being of all of it's members, with the welfare of its athlete members as the top priority.

To ensure the safety of our swimmers, under the SAFE SPORT Initiative, USA Swimming has instituted a Minor Athlete Abuse Prevention Policy (MAAPP) to set a baseline for acceptable safety standards that limit one on one interactions between adults and minor athletes.

The Minor Athlete Abuse Prevention Policy has five parts —

1. One-on-One Interactions
2. Social Media & Electronic Communications
3. Travel
4. Locker Room & Changing Areas
5. Massage & Rubdowns/Athlete Training Modalities

Both PARENTS and SWIMMERS 18+ will be required to complete a SAFE SPORT Training online. We will announce training opportunities.

For the complete policy and supplemental information, please visit the website below. <https://www.usaswimming.org/utility/landing-pages/minor-athlete-abuse-prevention-policy>.

Your signature on the Parent Code of Conduct ensures that you understand the policy.

Ala-carte/Additional Events

Various Items/Events will be offered throughout the season with costs not included in the registration fees. We do our best to keep these additional costs reasonable. See below for a list of the required and optional items.

APPAREL: We will offer a team store to purchase apparel items at the beginning of the season (T-shirts, sweats, caps, team suit, etc.). A team store link will be posted on the website & emailed out at the start of the season - This will be the only time to purchase DD Apparel & Required Team Items.

Required Items:

via Dundee Dolphins Team Store

- Team T-Shirt, your choice.
- Cap (*for long hair*). Dundee Dolphins Cap required at meets. *Extra caps are recommend.*
- Team Suit - via any vendor. Recommend swimoutlet.com
- All swimmers are required to bring their own Fins, Kickboard, Pull Buoy (practice suit and goggles)
- For Senior Group: paddles, snorkel recommended, as well as a "drag" suit.

Optional: Team Events/Banquet/Team Pictures (If a team picture is taken, swimmers are expected to be present)