

GROUP EXERCISE HOLIDAY SCHEDULE

SUNDAY
DEC
24

@ RAKOW AND RANDALL OAKS
NO CLASSES

SUNDAY
DEC
31

@ RAKOW
10:00 am Zumba with Lauren

@ RANDALL OAKS
NO CLASSES

MONDAY
JAN
1

@ RAKOW CENTER
9:00 am Zumba with Pam

@ RANDALL OAKS RECREATION CENTER
10:45 am Fitness Pilates with Pam
12:00 pm Chair Yoga with Juanita

Be sure to check
out our New Year's
Fitness Special!



www.dtpd.org



Rakow Center • 665 Barrington Ave. • Carpentersville, IL 60110 • (847) 428-7131 x1101
Randall Oaks Recreation Center • 500 N. Randall Rd. • West Dundee, IL 60118 • (847) 428-7131 x4260